

# CareChoice and the NDIS

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**CareChoice**  
*for confidence*

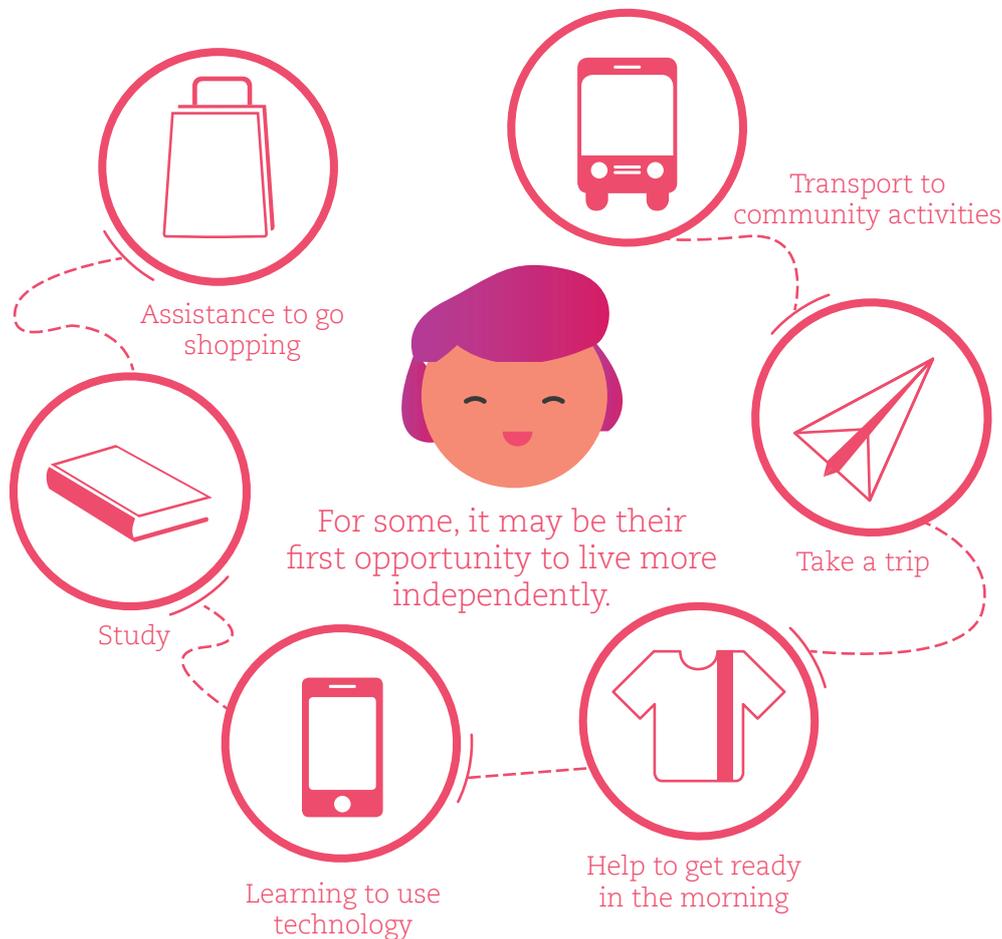
## CareChoice and the NDIS

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As an experienced provider of NDIS support CareChoice helps participants with a disability to plan and access the services they need to achieve their greatest potential.

## Plan and access services including:

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## NDIS support

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The NDIS supports the individual to determine their level of support, how these are provided, and even how payments are made to providers. Importantly, it also guarantees lifetime support.

When an NDIS participant reaches 65 years of age they can stay in the NDIS or elect to move to aged care funding.

## Call us for a confidential meeting

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If you are transitioning into the NDIS call us for a confidential meeting. Our experienced Client Service Managers can help you develop a comprehensive care plan to help you meet your goals.

## Better living outcomes

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CareChoice supports the NDIS outcomes framework by helping participants develop and achieve goals in a number of key areas of their life.

# NDIS Funding



## CORE

### Support purpose

A support that enables a participant to complete activities of daily living and enables them to work towards their goals and meet their objectives.

### Support category

- ✓ Assistance with daily life
- ✓ Transport
- ✓ Communities
- ✓ Assistance with social and community participation

### Examples

Tandem bike riding with a carer

Attending park run

Assisting at the gym/pool

## CAPITAL

### Support purpose

An investment such as assistive technologies, equipment and home or vehicle modifications, funding for capital costs (e.g. to pay for specialist disability accommodation)

### Support category

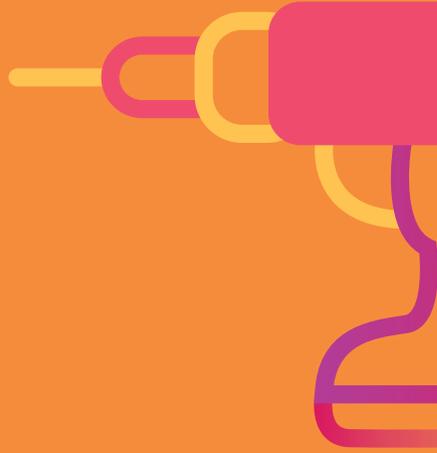
- ✓ Special disability accommodation (SDA).  
Speak to us for more information.\*
- ✓ Assistive technology

### Examples

Assistance to move from a supported setting into individual accommodation

Assistance to build accommodation that's right for you

\*NDIS SDA approval & eligibility criteria apply



## CAPACITY BUILDING

### Support purpose

A support that enables a participant to build their independence and skills.

### Support category

- ✓ Support coordination
- ✓ Improved living arrangements
- ✓ Increased social and community participation
- ✓ Improved relationships
- ✓ Improved life choices
- ✓ Improved daily living skills

### Examples

Referrals to allied health staff on your behalf

Support to liaise with landlords, organise gardening or maintenance

Assistance to attend cooking classes

Sourcing and support to sit for a learner's permit



## Benefits for families and carers

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As well as supporting people with significant and permanent disability, the NDIS also takes into account the circumstances of families and carers. This allows participants to establish goals that contribute to a more independent life.

With 10 years experience successfully helping individuals achieve their goals, CareChoice can help develop a care plan that is tracked and monitored against goal outcomes.

If you are looking for better outcomes for yourself or a loved one, call us on 1300 737 942.

## What won't the NDIS fund?

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The NDIS will not fund support coordination, improved living conditions or the following items if they are not related to a person's disability; if the supports are the same as those already funded by other areas of government; if the supports relate to day-to-day living costs not related to disability support needs, or it is likely to cause harm to the individual or pose a risk to others.



## What about other care funding packages?

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NDIS funding will be rolled-out to all states and territories. In Western Australia the NDIS will be delivered under a nationally consistent, locally administered model. Many people who are currently receiving support through the Commonwealth and State Governments will transition to the NDIS at varying times depending on the type of support they are currently receiving and when the NDIS rolls out in their area.

It is expected that most disability-specific, government-funded programs will transition to the NDIS.

## Who is eligible for the NDIS?

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The NDIS is run by The National Disability Insurance Agency (NDIA), a government body. The scheme is for any Australian citizen (or resident or permanent visa holder) with a permanent disability that significantly affects their day-to-day activities and who is under 65 years of age when they make their application to the scheme.

Children aged 0-6 years who have a disability or developmental delay may be eligible to receive support from the NDIS.

If a child is already a NDIS participant their current arrangement will continue.

Those currently receiving other government funded support will be contacted by the NDIS when it becomes available in their area.

Those children requiring ongoing support across their lifetime can transition into the disability stream of the NDIS.



## How is eligibility determined?

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Some people with a disability will transition from current funding into the NDIS whilst others will be new participants.

Eligibility for the NDIS is based on an assessment against the access requirements as set out by the NDIA.

NDIA representatives (Planners) determine who is eligible to participate under the scheme. Planners meet with individuals to discuss their requirements and develop a plan based on goals and reasonable and necessary supports. This can include planning services such as support coordination where case management is not currently in place. Individuals are supported by Planners to make decision about how the plan will work. When a plan is complete it forms the basis for the year's funding and is regularly reviewed to ensure it meets any changing requirements.

Access to the NDIS is also supported by Local Area Coordinators (LACs) who act as an interface between people with a disability, the NDIS and mainstream services. The role of LACs include providing information and linkages to mainstream services for all people with a disability, and helping NDIS scheme participants develop and implement their plans.

LACs are available where the scheme has been rolled out and information about appointed LACs is available at [www.ndis.gov.au/communities/local-area-coordination.html](http://www.ndis.gov.au/communities/local-area-coordination.html)



## Am I eligible?

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If you have not yet transitioned to the NDIS call us on 1300 737 942. As a registered provider of NDIS support CareChoice can help you develop goals and achieve a smooth transition.

## What if I'm not eligible?

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People who are 65 years old and over do not meet the age requirements to access the scheme. Those individuals aged 65 years and over who are currently accessing a state-managed, specialist disability service will receive continuity of support.

Individuals under 65 years of age who are not eligible to access the NDIS before 2016 can still engage with existing Australian and state and territory government disability services around their support needs.

A number of disability support programs will continue once the NDIS is introduced. People accessing these programs will continue to receive the same supports even though they won't transition to the NDIS.

Australian Governments have committed to ensuring continuity of support to people with a disability currently receiving services to ensure they are not disadvantaged by the introduction of the NDIS.

## When can the NDIS be accessed?



The NDIS will become available across Victoria in 3 key phases from:

### PHASE 1 - 1 July 2016 to 30 June 2017

North Eastern Melbourne 1 July 2016  
Central Highlands 1 Jan 2017  
Loddon 1 May 2017

### PHASE 2 - 1 July 2017 to 30 June 2018

Inner Gippsland 1 Oct 2017  
Ovens Murray 1 Oct 2017  
Wimmera South West 1 Oct 2017  
Inner Gippsland 1 Oct 2017  
Inner Eastern Melbourne 1 Nov 2017  
Outer Eastern Melbourne 1 Nov 2017  
Hume Moreland 1 Mar 2018  
Bayside Peninsula 1 Apr 2018

### PHASE 3 - 1 July 2018 to 30 June 2019

Southern Melbourne 1 Sep 2018  
Brimbank Melton 1 Oct 2018  
Western Melbourne 1 Oct 2018  
Goulburn 1 Jan 2019  
Mallee 1 Jan 2019  
Outer Gippsland 1 Jan 2019

## Getting into the NDIS?

**Individuals currently receiving disability support services in NDIS launch areas**

Individuals in NDIS launch areas will be contacted by the NDIA to start working with them. The NDIA will be collecting important information which may be paper-based or by phone.

**Individuals with complex support requirements**

Individuals with complex care requirements may meet face-to-face with a Local Area Coordinator, NDIA Planner or Case Manager to develop their NDIS plan.

# CareChoice and the NDIS

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CareChoice is an NDIS and DHHS approved provider of disability support services. It supports clients from zero years of age and above across Melbourne, Geelong, the Mornington Peninsula and key regions in Victoria.

CareChoice works collaboratively with a diverse range of industry organisations and funding bodies. These include State Government Departments, the TAC, Worksafe, as well as non-government and not-for-profit organisations. It can also refer you to a unique accommodation provider to supply custom designed housing solutions for eligible NDIS participants with very high, complex care support needs.

CareChoice is client-centered and all its services are tailored to the needs of each individual. It develops responsive plans in collaboration with the client, family and allied health professionals. CareChoice's unique carer-matching program helps maintain long-term relationships so clients can achieve their goals and independence.

**As an industry employer of choice, CareChoice provides experienced staff who deliver quality care and support. CareChoice has over 10 years of experience helping people remain in the comfort of their own home or assisting them to access the community. As a specialist in 24 hour care, dual-diagnosis and complex care, CareChoice has the expertise to support a wide range of physical and behavioural needs.**

**Our services are available 24 hours a day, every day of the year.**

## Services

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CareChoice services include:

Community access support	Companionship/social support	Complex care and behaviours of concern support
Holiday support	Improved living arrangements	Medication assistance
One-on-one holiday program for children aged 5-18	Overnight and 24 hour care	Palliative care
Personal care	Post-hospital care	Respite care
Shopping assistance and meal preparation	Social and recreational activity support	Support coordination
Tenancy support to acquire and maintain accommodation	Transport and appointment support	

## For further information

To receive a professional and responsive service in-line with your individual care needs and preferences, contact us for a free consultation.

CareChoice Phone: 1300 737 942  
Email: [enquiries@carechoice.net.au](mailto:enquiries@carechoice.net.au)  
[carechoice.net.au](http://carechoice.net.au)

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# Preparing for your NDIS plan

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# Preparing for your NDIS plan

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The National Disability Insurance Scheme (NDIS) is a new way for people under 65 with a disability to access care and supports.

When you access the NDIS you will need to develop a plan. Your first NDIS plan will provide you with individualised funding that you control and choose how to use.

When preparing for NDIS planning it is important to consider all the support you or a family member may need. The introduction of the NDIS is also an opportunity to request supports that may not have been available to the participant in the past. However, it is important to explain why additional support is required. For example:

- A support worker assisting to cook meals three nights a week to help the person to develop the necessary life skills required to live more independently.
- The current living situation is unsustainable due to the level of care provided by unpaid carers – more assistance is required to prevent relinquishment.
- It is important for the person to have personal care tasks completed by people who are not in the immediate family in order to sustain the relationship between family members.



# Personal Care Checklist

Activity	Level of support required	Who assists them	How often	Other comments
<input type="checkbox"/> Getting in and out of bed	<input type="checkbox"/> Hoist <input type="checkbox"/> Standing transfer <input type="checkbox"/> Requires prompting to get out of bed each day <input type="checkbox"/> No assistance required	<input type="checkbox"/> Unpaid carer <input type="checkbox"/> Support worker <input type="checkbox"/> Council service <input type="checkbox"/> Other	<input type="checkbox"/> Every day <input type="checkbox"/> 4 times a week <input type="checkbox"/> 3 times a week <input type="checkbox"/> When the person is unwell <input type="checkbox"/> Has occurred but not in 6 months	
<input type="checkbox"/> Getting dressed and undressed	<input type="checkbox"/> Physically dress and /or undress the person <input type="checkbox"/> Need assistance with some aspects of getting dressed, doing up buttons, making sure the clothes are on the right way etc. <input type="checkbox"/> Need assistance with appropriate clothing choices i.e. wanting to wear a summer dress in winter <input type="checkbox"/> Need supervision in case of falls <input type="checkbox"/> No assistance required	<input type="checkbox"/> Unpaid carer <input type="checkbox"/> Support worker <input type="checkbox"/> Council service <input type="checkbox"/> Other	<input type="checkbox"/> Every day <input type="checkbox"/> 4 times a week <input type="checkbox"/> 3 times a week <input type="checkbox"/> When the person is unwell <input type="checkbox"/> Has occurred but not in 6 months	
<input type="checkbox"/> Assistance with showering	<input type="checkbox"/> Hoist into commode chair <input type="checkbox"/> Standing transfer into commode chair <input type="checkbox"/> Does not need a transfer but uses a commode chair when showering <input type="checkbox"/> Needs physical assistance i.e. to wash and dry the person	<input type="checkbox"/> Unpaid carer <input type="checkbox"/> Support worker <input type="checkbox"/> Council service <input type="checkbox"/> Other	<input type="checkbox"/> Every day <input type="checkbox"/> 4 times a week <input type="checkbox"/> 3 times a week <input type="checkbox"/> When the person is unwell <input type="checkbox"/> Has occurred but not in 6 months	
<input type="checkbox"/> Assistance with toileting	<input type="checkbox"/> Needs assistance with some areas i.e. washing feet/ back etc <input type="checkbox"/> Needs prompting around showering due to reluctance to shower at all or being unwilling to wash certain areas <input type="checkbox"/> No assistance required	<input type="checkbox"/> Unpaid carer <input type="checkbox"/> Support worker <input type="checkbox"/> Council service <input type="checkbox"/> Other	<input type="checkbox"/> Every day <input type="checkbox"/> 4 times a week <input type="checkbox"/> 3 times a week <input type="checkbox"/> When the person is unwell <input type="checkbox"/> Has occurred but not in 6 months	
<input type="checkbox"/> Grooming	<input type="checkbox"/> Needs physical assistance to brush teeth, hair and wash face <input type="checkbox"/> Needs physical assistance with some aspects i.e. putting toothpaste on the toothbrush <input type="checkbox"/> Needs prompting around grooming and hygiene i.e. reluctant to brush hair <input type="checkbox"/> No assistance required	<input type="checkbox"/> Unpaid carer <input type="checkbox"/> Support worker <input type="checkbox"/> Council service <input type="checkbox"/> Other	<input type="checkbox"/> Every day <input type="checkbox"/> 4 times a week <input type="checkbox"/> 3 times a week <input type="checkbox"/> When the person is unwell <input type="checkbox"/> Has occurred but not in 6 months	
<input type="checkbox"/> Meal preparation	<input type="checkbox"/> All food is prepared as the person is physically unable to cook for themselves <input type="checkbox"/> All food is prepared as the person is unable to learn the necessary skills to cook for themselves <input type="checkbox"/> Person is able to cook however requires supervision at all times to negate risk i.e. leaving stovetop on <input type="checkbox"/> Person is able to cook some basic meals i.e. eggs on toast <input type="checkbox"/> Person is able to prepare meals that do not require the use of the oven or stovetops i.e. toast with vegemite <input type="checkbox"/> Person is able to cook complete meals but requires assistance in some areas i.e. chopping up vegetables <input type="checkbox"/> Person is able to cook meals with prompting <input type="checkbox"/> Person is independent when cooking and doesn't require support	<input type="checkbox"/> Unpaid carer <input type="checkbox"/> Support worker <input type="checkbox"/> Council service <input type="checkbox"/> Other	<input type="checkbox"/> Every day <input type="checkbox"/> 4 times a week <input type="checkbox"/> 3 times a week <input type="checkbox"/> When the person is unwell <input type="checkbox"/> Has occurred but not in 6 months	

# Transport check list

Transport funding can only be provided if the person has no other option for travel and the activity benefits the person. It is important to think about why they are unable to travel independently and what other options have been tried before resorting to taxi's or other paid services.

## How does the person get to and from their appointments and activities?

Please tick all that apply and list how many times per week this occurs.

Transport	How many times/week	Other comments
<input type="checkbox"/> Person relies on carer to drive them to activities/appointments due to physical disability		
<input type="checkbox"/> Person relies on carer to drive them to activities/appointments as they are unable to learn transportation skills due to intellectual impairment		
<input type="checkbox"/> Person relies on carer to drive them to activities/appointments as they engage in challenging behaviours i.e. refuses to get on the bus each morning		
<input type="checkbox"/> Person relies on taxi vouchers to transport them to activities due to physical disability		
<input type="checkbox"/> Person relies on taxi vouchers to transport them to activities due to intellectual impairment		
<input type="checkbox"/> Person relies on Support Workers to transport them to activities due to physical disability		
<input type="checkbox"/> Person relies on Support Workers to transport them to activities due to intellectual disability		
<input type="checkbox"/> Person is travel trained to use public transport independently for regular activities or appointments but requires assistance when travelling to an unfamiliar place		
<input type="checkbox"/> Person is travel trained and able to use public transport when travelling to any appointment or activity however requires assistance when attending medical appointments etc.		
<input type="checkbox"/> Person is completely independent in this area		

# Activities



The NDIS will replace a range of other funding services. It is important to list all the support that you currently receive from the different services you access e.g: council services.

Note: Funding can only be provided for activities that the person directly benefits from and positively impacts their disability. Try to think about how the activity benefits the person using the following criteria:

How does it benefit?

- Physical health
- Increased mobility
- Improves social connections
- Improves emotional wellbeing
- Reduces challenging behaviours
- Provides a sustainable living arrangement
- Develops life skills
- Develops self-confidence and achievement
- Assists person to give back to the community
- Capacity building

Think about why these activities need to be funded because of the disability e.g. all children attend swimming lessons and they are not funded by the government. However, the person may require swimming lessons due to their poor mobility and swimming assists with this in a unique way due to their disability.

## Does the person attend any of the following?

Please tick all that apply, add the amount of times/week and who pays for the activity.

Activity	How many times/week	Who funds this	Other comments
<input type="checkbox"/> Day program			
<input type="checkbox"/> Holiday program			
<input type="checkbox"/> Holiday camps			
<input type="checkbox"/> After school program			
<input type="checkbox"/> Group activity i.e. once a month goes to a local community disco			
<input type="checkbox"/> One-on-one activity with Support Worker			
<input type="checkbox"/> Gym/Personal Trainer			
<input type="checkbox"/> Classes i.e. art classes			
<input type="checkbox"/> Volunteer work			
<input type="checkbox"/> Paid work			
<input type="checkbox"/> Sporting activities			

# Appointments

Does the person have regular appointments with professionals?

Please tick all that apply, who funds this and how much it costs a week.

Activity	How many times/week	Who funds this	Other comments
<input type="checkbox"/> Physiotherapist			
<input type="checkbox"/> Speech Therapist			
<input type="checkbox"/> Support coordinator/ case manager			
<input type="checkbox"/> Massage Therapist			
<input type="checkbox"/> Occupational Therapist			
<input type="checkbox"/> Psychologist			
<input type="checkbox"/> Psychiatrist			
<input type="checkbox"/> Behavioural Therapist			
<input type="checkbox"/> Counsellor			
<input type="checkbox"/> Hydrotherapy			
<input type="checkbox"/> Dietician			
<input type="checkbox"/> Nutritionist			

It is important to think about how the person benefits from this appointment and how it positively impacts their disability. When asking for these regular services you will need a letter from a healthcare professional detailing why it is required. Ask your GP to provide a letter of support.

# Domestic Assistance



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AWARENESS, RESOURCES, EMPOWERMENT AND UNITY.

Is the person able to assist with chores around the home – if not who performs these tasks?

All funding will come under the NDIS so it is important to list all the services that you receive.

Please tick all that apply and how often this occurs.

Level of assistance required	Who assists them	How often	Other comments
<input type="checkbox"/> Person cannot participate in any domestic activities due to physical impairment	<input type="checkbox"/> Unpaid carer <input type="checkbox"/> Support worker <input type="checkbox"/> Council service <input type="checkbox"/> Other	<input type="checkbox"/> Every day <input type="checkbox"/> 4 times a week <input type="checkbox"/> 3 times a week <input type="checkbox"/> When the person is unwell <input type="checkbox"/> Has occurred but not in 6 months	
<input type="checkbox"/> Person cannot participate in any domestic activities due to cognitive impairment	<input type="checkbox"/> Unpaid carer <input type="checkbox"/> Support worker <input type="checkbox"/> Council service <input type="checkbox"/> Other	<input type="checkbox"/> Every day <input type="checkbox"/> 4 times a week <input type="checkbox"/> 3 times a week <input type="checkbox"/> When the person is unwell <input type="checkbox"/> Has occurred but not in 6 months	
<input type="checkbox"/> Person is able to participate in domestic activities with supervision and prompting to ensure it is completed correctly	<input type="checkbox"/> Unpaid carer <input type="checkbox"/> Support worker <input type="checkbox"/> Council service <input type="checkbox"/> Other	<input type="checkbox"/> Every day <input type="checkbox"/> 4 times a week <input type="checkbox"/> 3 times a week <input type="checkbox"/> When the person is unwell <input type="checkbox"/> Has occurred but not in 6 months	
<input type="checkbox"/> Person is able to participate in some domestic activities such as washing dishes and sweeping floors but needs assistance with other activities e.g. making the bed	<input type="checkbox"/> Unpaid carer <input type="checkbox"/> Support worker <input type="checkbox"/> Council service <input type="checkbox"/> Other	<input type="checkbox"/> Every day <input type="checkbox"/> 4 times a week <input type="checkbox"/> 3 times a week <input type="checkbox"/> When the person is unwell <input type="checkbox"/> Has occurred but not in 6 months	
<input type="checkbox"/> Person is physically and mentally able to participate in domestic activities but does not due to reluctance or challenging behaviours	<input type="checkbox"/> Unpaid carer <input type="checkbox"/> Support worker <input type="checkbox"/> Council service <input type="checkbox"/> Other	<input type="checkbox"/> Every day <input type="checkbox"/> 4 times a week <input type="checkbox"/> 3 times a week <input type="checkbox"/> When the person is unwell <input type="checkbox"/> Has occurred but not in 6 months	
<input type="checkbox"/> Person is completely independent and requires no assistance to participate in domestic activities			

When asking for domestic assistance support you need to show how this will affect the person with a disability in a positive way. For example: Having a support worker to assist the person with domestic chores allows the person to develop new domestic skills so they are able to increase their independence.

# Gardening support\*

## Does the person assist with gardening?

Please tick all that apply and how often this occurs.

Level of assistance required	Who assists them	How often	Other comments
<input type="checkbox"/> Person cannot participate in any gardening activities due to physical impairment	<input type="checkbox"/> Unpaid carer <input type="checkbox"/> Gardener <input type="checkbox"/> Council service <input type="checkbox"/> Other	<input type="checkbox"/> Every day <input type="checkbox"/> 4 times a week <input type="checkbox"/> 3 times a week <input type="checkbox"/> When the person is unwell <input type="checkbox"/> Has occurred but not in 6 months	
<input type="checkbox"/> Person cannot participate in any gardening activities due to cognitive impairment	<input type="checkbox"/> Unpaid carer <input type="checkbox"/> Gardener <input type="checkbox"/> Council service <input type="checkbox"/> Other	<input type="checkbox"/> Every day <input type="checkbox"/> 4 times a week <input type="checkbox"/> 3 times a week <input type="checkbox"/> When the person is unwell <input type="checkbox"/> Has occurred but not in 6 months	
<input type="checkbox"/> Person is able to participate in gardening activities with supervision and prompting to ensure it is completed correctly	<input type="checkbox"/> Unpaid carer <input type="checkbox"/> Gardener <input type="checkbox"/> Council service <input type="checkbox"/> Other	<input type="checkbox"/> Every day <input type="checkbox"/> 4 times a week <input type="checkbox"/> 3 times a week <input type="checkbox"/> When the person is unwell <input type="checkbox"/> Has occurred but not in 6 months	
<input type="checkbox"/> Person is able to participate in some domestic activities such as weeding, sweeping floors but needs assistance with other activities e.g. mowing the lawn	<input type="checkbox"/> Unpaid carer <input type="checkbox"/> Gardener <input type="checkbox"/> Council service <input type="checkbox"/> Other	<input type="checkbox"/> Every day <input type="checkbox"/> 4 times a week <input type="checkbox"/> 3 times a week <input type="checkbox"/> When the person is unwell <input type="checkbox"/> Has occurred but not in 6 months	
<input type="checkbox"/> Person is physically and mentally able to participate in gardening activities but does not due to reluctance or challenging behaviours	<input type="checkbox"/> Unpaid carer <input type="checkbox"/> Gardener <input type="checkbox"/> Council service <input type="checkbox"/> Other	<input type="checkbox"/> Every day <input type="checkbox"/> 4 times a week <input type="checkbox"/> 3 times a week <input type="checkbox"/> When the person is unwell <input type="checkbox"/> Has occurred but not in 6 months	
<input type="checkbox"/> Person is completely independent and requires no assistance to participate in gardening activities	<input type="checkbox"/> Unpaid carer <input type="checkbox"/> Gardener <input type="checkbox"/> Council service <input type="checkbox"/> Other	<input type="checkbox"/> Every day <input type="checkbox"/> 4 times a week <input type="checkbox"/> 3 times a week <input type="checkbox"/> When the person is unwell <input type="checkbox"/> Has occurred but not in 6 months	

\* Please note that CareChoice does not provide gardening support.

# Organisational skills



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AWARENESS, RESOURCES, EMPOWERMENT AND UNITY.

Is the person able to actively organise appointments, activities, money matters or transport?

Please tick all that apply and how often this occurs.

Level of assistance required	Who assists them	How often	Other comments
<input type="checkbox"/> Person is unable to organise any aspect of their life due to physical impairment	<input type="checkbox"/> Unpaid carer <input type="checkbox"/> Support worker <input type="checkbox"/> Council service <input type="checkbox"/> Other	<input type="checkbox"/> Every day <input type="checkbox"/> 4 times a week <input type="checkbox"/> 3 times a week <input type="checkbox"/> When the person is unwell <input type="checkbox"/> Has occurred but not in 6 months	
<input type="checkbox"/> Person is unable to organise any aspect of their life due to cognitive impairment	<input type="checkbox"/> Unpaid carer <input type="checkbox"/> Support worker <input type="checkbox"/> Council service <input type="checkbox"/> Other	<input type="checkbox"/> Every day <input type="checkbox"/> 4 times a week <input type="checkbox"/> 3 times a week <input type="checkbox"/> When the person is unwell <input type="checkbox"/> Has occurred but not in 6 months	
<input type="checkbox"/> Person is unable to organise appointments, social activities and support, however, requires supervision and prompting to ensure these tasks are performed correctly	<input type="checkbox"/> Unpaid carer <input type="checkbox"/> Support worker <input type="checkbox"/> Council service <input type="checkbox"/> Other	<input type="checkbox"/> Every day <input type="checkbox"/> 4 times a week <input type="checkbox"/> 3 times a week <input type="checkbox"/> When the person is unwell <input type="checkbox"/> Has occurred but not in 6 months	
<input type="checkbox"/> Person is able to organise some aspects of their life e.g. go out to meet friends but needs assistance with other tasks such as organising medical appointments, support workers and transport etc.	<input type="checkbox"/> Unpaid carer <input type="checkbox"/> Support worker <input type="checkbox"/> Council service <input type="checkbox"/> Other	<input type="checkbox"/> Every day <input type="checkbox"/> 4 times a week <input type="checkbox"/> 3 times a week <input type="checkbox"/> When the person is unwell <input type="checkbox"/> Has occurred but not in 6 months	
<input type="checkbox"/> Person is completely independent and does not need help with organisational skills			

# Aids and Equipment

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The NDIS will also cover all aids and equipment funding. SWEP will no longer provide equipment funding so it is important to write down all the equipment you currently have and what you will require in the future.

Please tick every piece of equipment that is required:

Equipment	
<input type="checkbox"/> Hoist	<input type="checkbox"/> Wheelchair
<input type="checkbox"/> Standing hoist	<input type="checkbox"/> Electric wheelchair
<input type="checkbox"/> Sling	<input type="checkbox"/> Sports wheelchair
<input type="checkbox"/> Commode chair	<input type="checkbox"/> Wheelchair accessories (i.e. footplates)
<input type="checkbox"/> Toilet chair	<input type="checkbox"/> Special footwear
<input type="checkbox"/> Modified vehicle	<input type="checkbox"/> Straws
<input type="checkbox"/> Masks	<input type="checkbox"/> Modified cutlery
<input type="checkbox"/> Oxygen	<input type="checkbox"/> Modified crockery
<input type="checkbox"/> Tubes	<input type="checkbox"/> Headwear (helmet)
<input type="checkbox"/> Colostomy bags	<input type="checkbox"/> Communication devices
<input type="checkbox"/> Home modifications	

When asking for new equipment you will need a letter from a healthcare professional detailing why it is required. Ask your GP to provide a letter of support or speak to an OT or Physiotherapist to get support for your equipment.

# Continence Aids



All of your continence products also need to be funded through the NDIS rather than other previously used funding sources.

**Does the person require continence aids?**

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**What is the cost of this expense per week?**

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**How many continence aids would the person use per day?**

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**What is the brand name of the aids that you use?**

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Remember to include the cost of all associated supplies such as creams, wipes etc.



CareChoice acknowledges the contribution of iDareU for sharing this great resource planning tool with NDIS participants.

For more information about iDareU visit [www.idareu.org.au](http://www.idareu.org.au)

## For further information

To receive a professional and responsive service in-line with your individual care needs and preferences, contact us for a free consultation.

CareChoice Phone: 1300 737 942  
Email: [enquiries@carechoice.net.au](mailto:enquiries@carechoice.net.au)  
[carechoice.net.au](http://carechoice.net.au)

 [facebook.com/carechoiceaus](https://facebook.com/carechoiceaus)

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 [@CareChoiceAus](https://twitter.com/CareChoiceAus)



**CareChoice**  
*for confidence*